

CARING FOR HUMANITY
INTERNATIONAL FOUNDATION

"HERE TO LOVE"



CHI Foundation

VOLUNTEER RESOURCE GUIDE
2017 EDITION



Since 2015, Caring for Humanity International has helped to change the lives of thousands of children and adults for the better, improving their quality of life after tragedy by providing emergency relief and longer-term assistance, including food, shelter, emotional and psychological support thru education and seminars. The organisation also act as a catalyst for action by governments and other relief agencies.

Who we are

Caring for Humanity International Foundation (CHI) Foundation is a charitable organisation that provides support services to victims of natural or man-made disasters such as violence of war, fire, discrimination, bullying, harassment, car accident, etc. across New Zealand and other countries in Oceania, Asia (Philippines, Taiwan, Nepal, etc.) and Africa.

**Find out more about the vital work of
Caring for Humanity International Foundation at**
www.chifoundations.com





The role of CHIFoundation

Caring for Humanity International Foundation (CHIFoundation) is a registered Charity (**CC52203**) in New Zealand. It is governed by Board of Trustees and with International team who manage day-to-day operations. Trustees provide ongoing support to the foundation, including:



- **Governance** of all volunteers, including the provision of certificates for recommendation, program requirements, policies, procedures and standards.
- Primary deliverer of **workshops** to the volunteers and committees in the form of courses, annual training, seminars, resources, advice and support.
- The provision of **marketing** and **fundraising expertise** to CHIFoundation Groups to ensure they maintain a consistent and sustainable funding stream.



ACHIEVING OUTCOMES FOR OUR BENEFICIARIES

CHIFoundation's core purpose is to provide psychosocial support to help individuals and communities heal the psychological wounds and rebuild social structures after an emergency or a traumatic event. Helping people change into active survivors rather than passive victims.



CHIFoundation's programme is used to promote and provide improvement of:

- Physical capabilities including metabolism, fitness, circulation, independence: self-care and strength.
- Psychological capabilities including problem solving and decision making, motivation, prioritisation, self-esteem and confidence.

Benefits of the programme

Grantees attend seminars to achieve goals or outcomes whether it is therapeutic, education or recreational.

Encourage and promote:

- resilience
- self-discipline and self-worth
- awareness
- communication
- independence and decision making skills

- **Social** capabilities which includes building relationships, consideration for others and taking on responsibility.
- **Vocational** capabilities including integration and participation, hands-on instructions and work experience.